

# Planet Megan

Magic Megan's Monthly Mag



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Right now, I'm absolutely obsessed with mood rings, glow-in-the-dark and holographic powders! There are such amazing & magical properties out there and I want to get my hands on them! I bought myself two part epoxy resin so I can coat polymer clay and create resin jewelry and other creations. I have so many dried four-leaf clovers that I want to encapsulate them into resin charms to sell. There's just SO MUCH I want to do to add to my shop but it's sooooo hard getting anything done with a baby. 😊 I know, I know, I keep saying this...but I would never think that she is keeping me from my dreams, but rather has created the opportunity for them because now I'm at home to dream & scheme. It's just that right now...she demands a lot of attention: she is flipping and flopping, and now she is crawling! If I'm not carefully paying attention, she'll roll right off the bed or stick the wrong end of a spoon down her throat. 😊 When she gets older, and more independent I look forward to having more time hopefully.

So basically, since I can't get much done to make my crafting dreams come to life, I'm in what I describe as a "researching" and idea phase, and I'll share some of the cool things I've researched lately.

**What makes something holographic?** It's a mixture of aluminum and magnesium fluoride powder known as "Spectraflair." You see it on almost anything! I took a screen shot of that car from a YouTube video. It looks absolutely wicked!



COLOR CHART		
STRESSED	NORMAL	LOVEABLE
FEAR	RELAXED	ROMANCE
NERVOUS	CALM	PASSION
MIXED EMOTION	COOL	VERY HAPPY

**What makes mood rings change color?** Mood rings are a result of thermochromic liquid crystals (TLC)! You can purchase pre encapsulated crystal paper sheets or as a liquid. As they are heated up, the crystals change shape and reflect light between the crystals. The last mood ring I got

was a couple years ago in Leavenworth. The color chart described moods in English and Spanish. The funny thing was, it didn't translate the same! 😂

**Glow-in-the-dark powder that's so lit it glows in response to light AND heat!?!?** This is something I'm GOING to get my hands on. It's called "Lit" and you can find it at [www.culturehustle.com](http://www.culturehustle.com). I can't



wait to make a pendant necklace that emits light just because it happens to get body heat while wearing it. That's MAGICAL. What is glow-in-the-dark made from? Also crystals.



*...Seems like crystals really do have enchanted properties....*



It's so fun what products are out there. I'm really looking forward to creating some magical things for my online shop Magic Megan's Marvelous Market.

Phoebe's August birth stone is the extreme crystal PARIDOT. It's a bright green semi-precious mineral that can be found in deep in the Earth's mantle and is brought up by volcanic activity, found in lava, and sometimes from **extraterrestrial meteorites** that have fallen to earth. Ancient Egyptians called it "gem of the sun," and is estimated to be 4.5 billion years old. *This really sounds like the gem for our bright little star.*



Hope you remembered to wear green on St. Patty's Day this year! This holiday makes you think of green, charms, leprechauns, and MAGIC! SO, here are some

### **ways to add MAGIC into your life:**

- ♣ Save your pennies and go on vacation to someplace you've never been and spoil yourself. Or, just someplace new in town on the weekend.
- ♣ Check something off your bucket list.
- ♣ Invite some friends or family over for a BBQ for no reason at all or for a movie night and make popcorn.
- ♣ Visit a museum, gallery, or go to a concerto or play.
- ♣ Do something nostalgic that you used to love to do as a kid, like visit the arcade or your local roller-skating center. No one's gonna judge you.
- ♣ Have a kid. (If you don't want kids, I GET that. I didn't either, but here's what happened): Having a kid makes you remember when you were at that same age. *There is real vicarious vibes and Déjà vu that happens.* It makes you realize that you can help to create the childhood experience of another human, and give what you felt you might not have had, which may help to cathartically heal your own psychological past. You have more things to do for fun. As an adult, you've "been there & done that," and things can seem so old & boring, but if you have a kid, everything suddenly becomes new again so that you find yourself many times floating in a cloud of nostalgia.



I hope you're inspired by the magical things in life and that it reminds you to keep that sparkle in your heart. I look forward to this spring and summer so much because I know there are so many wonderful & magical memories to be made.

*Megan*



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